

IsaLean® Shake Creamy Dutch Chocolate

Nutrition Facts	
Serving Size: 2 Scoops (61 g)	
Servings per Container: 14	
Amount per Serving	
Calories 240	Calories from Fat 55
Calories from Saturated Fat 20	
% Daily Value*	
Total Fat 6 g	9%
Saturated Fat 2 g	10%
Trans Fat 0 g	
Polyunsaturated Fat 0.5 g	
Monounsaturated Fat 3 g	
Cholesterol 45 mg	15%
Sodium 265 mg	11%
Potassium 430 mg	12%
Total Carbohydrate 24 g	8%
Dietary Fiber 8 g	32%
Sugars 11 g	
Protein 24 g	48%
Vitamin A 50%	• Vitamin C 40%
Calcium 30%	• Iron 14%
Vitamin D 80%	• Vitamin E 35%
Thiamin 60%	• Riboflavin 70%
Niacin 45%	• Vitamin B6 60%
Folate 80%	• Vitamin B12 200%
Biotin 45%	• Pantothenic Acid 40%
Phosphorus 25%	• Iodine 40%
Magnesium 50%	• Zinc 45%
Selenium 40%	• Copper 50%
Manganese 60%	• Chromium 80%
Molybdenum 60%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:
 Fat 9 • Carbohydrates 4 • Protein 4

Ingredients: Exclusive Myo-IsaLean Complex™ [whey protein concentrate (undenatured), milk protein concentrate (undenatured), low-heat nonfat dry milk], fructose, natural Dutch cocoa powder, isomaltooligosaccharide powder, sunflower (*Helianthus annuus*) oil powder, natural flavors, olive (*Olea europaea*) oil powder, xanthan gum, flax (*Linum usitatissimum*) seed powder, medium chain triglyceride oil powder, Ionic Alfalfa™ (*Medicago sativa*) leaf extract, potassium citrate, magnesium oxide, tricalcium phosphate, sea salt, enzyme blend [lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), invertase (from *Saccharomyces cerevisiae*), protease (from *Aspergillus oryzae*), amylase (from *Bacillus subtilis*), bromelain (from *Ananas comosus*), papain (from *Carica papaya*), acid stable protease (from *Aspergillus niger*)], magnesium citrate, silicon dioxide, yucca (*Yucca schidigera*) root powder, vitamin C (ascorbic acid), magnesium stearate, psyllium (*Plantago ovata*) seed powder, biotin, selenium amino acid chelate, cinnamon (*Cinnamomum zeylanicum*) bark powder, stevia (*Stevia rebaudiana*) leaf extract, vitamin E succinate, copper amino acid chelate, vitamin A (beta carotene), zinc oxide, manganese amino acid chelate, iodine amino acid chelate, niacinamide, vitamin B5 (d-calcium pantothenate), vitamin D3 (cholecalciferol), chromium amino acid chelate, niacin, molybdenum amino acid chelate, vitamin B6 (pyridoxine HCl), vitamin B12 (cyanocobalamin), vitamin B2 (riboflavin), *Lactobacillus acidophilus*, vitamin B1 (thiamin HCl), folic acid

Contains milk ingredients.